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**As a part of the fair Medicine and Technology, on pavilion 11a on the Friday (the 18<sup>th</sup>) at 17h and on Saturday (the 19**

**th of May) at 11h and 12h, exercises for the spine, stretching exercises were held, all with video and live demonstrations, also any question from the audience were also answered. The workshop were traditionally free (the fourth year in a row) and the moderators were Tonći Šitić vft and Marko Mokrović vft.**

**The reasons for these workshops are people who ask us about all kinds of problems but we do not have sufficient time to answer their question fully.**

**Some people also send emails and ask about the practice of physiotherapy.**

**During the three workshops there were only 5 people present, even though it was all announced in the media and the fair.**

**I see it is more interesting to read about bad news in the papers or about politicians arguing then to read serious invitations from which only good things can follow, but they were lost in a sea of other invitation.**

**Conclusion: The health of the spine and advices that are handed out without charge are somewhere on the bottom of the list for people here who "doesn't have the time" for himself or a too much money and is happier it he pays for his advices or exercises, a bit on the absurd but true.**

**God gave health to all, but intelligence and trust to only some of them.**

**Be healthy and happy!**

**Zagreb Fair, "Medicine and Technology", 18th and 19th of May 2007.**

Written by

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